

Olin-Fox Farms
2012 CSA Membership Form

Name _____

Address _____

Telephone _____

E-Mail _____

Signature/Date _____

Mother Nature makes the final decision as to when our produce is ready for consumption. By signing up for our CSA, you accept that there may be circumstances beyond our control, such as severe weather or crop failure. Substitutions may be made if necessary. It is your responsibility to pick up your produce on the day and time you selected. If your produce is not picked up it will be distributed so as the food will not be wasted. This also ensures freshness.

All information given is for the sole purpose of our CSA and will not be used in any other way.

Northern Virginia Distribution Points
All deliveries are on Thursday of delivery weeks.

- () Stafford, Olde Virginia Gourmet & Gifts, Noon - 7 pm
- () Occoquan, Mom's Apple Pie, 1 - 8 pm
- () Alexandria, UnWined at King Street, 3-8 pm
- () Alexandria, Central Avenue, after 4 pm
- () Alexandria/Springfield Fairland St, after 4pm

Make checks to Olin-Fox Farms and mail
With Registration Form to:

Olin-Fox Farms P.O. Box 222 Reedville, VA 22539
Or

Register at www.olinfoxfarms.com
And Pay by Check or Credit Card

Share Information

Olin-Fox Farms Provides our members with fresh high quality vegetables which promotes a healthy life style. Included in your membership is our newsletter, *The Weekly Weeder* which contains news regarding the farms; food facts about the produce you receive; and several recipes that relate to the produce for the week.

The cost of a CSA share comprises a small portion of your food budget for a major and important part of your diet.

Shares are comprised of 7-12 varieties of produce and include many varieties and specialty crops that are not usually found in most supermarkets.

Growing Practices

Naturally Grown

Meets or surpasses organic methods using what mother nature provides. Leaves, grasses, straw and other plant materials are used for composting and mulching. Crops are fertilized with items such as fish, kelp and cover crops. Insects are controlled by the use of row covers, hand picking, companion planting and beneficial insects.

Organically Grown

Must meet state and government regulations by what they determine to be organic. Technical Standards and Guidelines are listed by the USDA of what is Acceptable, Restricted, Prohibited and Federal.

Sustainably Grown

A careful stewardship of the earth and its resources to meet current and future food needs through soil improvements and wildlife habitat protection. Also, pest management programs are integrated that incorporate crop rotations, beneficial insects, minimal pesticide use, and use of pesticides that are safer and have less impact on the environment.

*Enjoy Fresh Locally Grown
Fruits and Vegetables All Year Long*



Olin-Fox Farms

Family of Fine Farms

Reedville, VA

CSA

Community Supported Agriculture

Celebrating our 13th Year

NOVA



Featuring

Locally Grown

**Natural, Organic, and Sustainable
Fruits and Vegetables**

**Grown by a small group of family
owned farms in and around
the Northern Neck of Virginia**

**Now Accepting Memberships
for our**

2012 Produce Programs.

Space is limited.

Online Registration is now available.

For more information Visit

www.olinfoxfarms.com

e-mail info@olinfoxfarms.com

(804)453-4125

Projected Harvest Schedule

For a More details and delivery Schedule.
Please visit our website at www.olinfoxfarms.com

Winter January & February

Arugula, Broccoli, Cabbage Free range eggs, Green Onions, Herbs, Jerusalem Artichokes, Winter greens and mixes, local Honey, Pac Choi, Spinach, Sweet Potatoes, Radishes, Salad Mixes, Tatsoi, Turnips.

We also include

Organic Citrus and Tomatoes from Florida. This is the only exception to our locally grown policy and is a nice addition for the winter.

Spring March, April, & May

Arugula, Asparagus, Broccoli, Cauliflower, Carrots, Cress, Free range eggs, Pac Choi, Cucumbers, Herbs, New Potatoes, Radishes, Salad Mixes, Spinach, Spring Greens, Spring Onions, Squash, Sugar Snap Peas, Swiss Chard, Tatsoi, Turnips.

Summer May, June, July, & August

Apples, Beans, Cabbages, Cantaloupe, Sweet Corn, Cucumbers, Eggplants, Figs, Free range eggs, Garlic, Herbs, Heirloom & Specialty Tomatoes, Hot Peppers, Kohlrabi, Leeks, Okra, Pears, Potatoes, Squash, Sweet Peppers, Watermelon.

A Summer fruit share is also included. See Summer Fruit information.

Fall Sept, Oct, Nov & Dec.

Apples, Arugula, Beans, Bok Choi, Broccoli, Cauliflower, Cabbage, Carrots, Free range eggs, Herbs, Leafy Greens, Peas, Potatoes, Pumpkins, Radishes, salad mixes Sweet Potatoes, Swiss Chard, Tatsoi, Tomatoes, Sweet & Hot peppers, Eggplant, Winter Squash.



Olin-Fox Farms' produce is exceptional enough to be sold before it is even grown.

In Community Supported Agriculture (CSA), members receive a share of locally grown produce over a growing season. By joining a CSA you express your support for a locally grown food supply and for the farmers who grow it.

CSA members pay for their shares in advance, allowing growers to plan ahead and purchase supplies for the coming season. Months prior to your first delivery, we plan, plant and tend crops for you. In return, you receive a share of fresh, high quality produce that has minimal impact on our planet's resources by being raised Naturally, Organically, and Sustainably.

The first CSAs started over 50 years ago by Japanese women. They were concerned about the decline of family farms in the face of rising food imports.

These women set up an agreement with local growers and established a direct connection between those who work the land and the local community. The Japanese word takei is translated as "putting the farmer's face on food." It is very important these days that you know who is raising your food and how they are doing it.

Summer Fruit Share

8 Weeks, May – September

A fruit share is included for those who sign up for the Summer or All Season Programs. It is grown by reputable growers, using minimal amounts of pesticides if needed and well before harvesting. Growing certain fruits on a large scale requires sustainable methods. This is a service to our members so that they can enjoy more seasonal fruit, and it is a very popular program. Members enjoy beautiful strawberries, blackberries, raspberries and peaches to name a few. Extra fruit shares are also available.

2012 CSA Programs

A Fruit Share is Included with

All Season or Summer Program Sign Up.

~ 2 1/2% Virginia sales tax is included in prices listed. ~

All Season Program 25 Weeks Starting January 11

- () \$1,172 Northern Virginia
- () \$1,122 Kilmarnock, White Stone, Lottsburg
- () \$1,097 Farm Pick Up

Winter Program 4 Weeks Starting January 11

- () \$180 Northern Virginia
- () \$172 Kilmarnock, White Stone, Lottsburg
- () \$168 Farm Pick Up

Spring Program 6 Weeks Starting March 21

- () \$270 Northern Virginia
- () \$258 Kilmarnock, White Stone, Lottsburg
- () \$252 Farm Pick Up

Summer Program 8 Weeks Starting May 30

- () \$432 Northern Virginia
- () \$416 Kilmarnock, White Stone, Lottsburg
- () \$408 Farm Pick Up

Extra Fruit Shares

- () \$64 Available with All Season or Summer Program sign up.

Fall Program 7 Weeks Starting September 19

- () \$315 Northern Virginia
- () \$301 Kilmarnock, White Stone, Lottsburg
- () \$294 Farm Pick Up

Cost Summary

Total Cost of Programs Selected \$ _____

2 1/2% discount for Seniors 65 and over \$ _____

Subtotal \$ _____

Total Cost \$ _____

Amount Enclosed

Paid in Full \$ _____

10 Mo. Payment Plan (divide total by 10) \$ _____

6 Mo. Payment Plan (divide total by 6) \$ _____

3 Mo. Payment Plan (divide total by 3) \$ _____

For Credit Card use Please Visit
www.olinfoxfarms.com